



Friday Favorites: July 10

JULY 10, 2015 BY MARIS CALLAHAN — [LEAVE A COMMENT](#)



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FAVORITE HEALTHY EATS



PHOTO: SNAP KITCHEN

Arriving just in time for the summer, the latest healthy chain to set up shop in Chicago is making it easy to pick up a healthy, freshly made meal on the go without compromising on taste or experiencing post-meal guilt. [Snap Kitchen](#), with locations in Lakeview and Lincoln Park, caters to busy professionals by serving up classic restaurant-quality dishes that are nutritious, such as Grass-Fed Beef Sausage & Eggs (290 calories), Shrimp Fra Diavolo (280 calories, small) and the Grilled Kale “Hoppin John” (340 calories). Most of the time, I love to cook, but the rest of the time, I will probably be stocking up at Snap Kitchen.



FAVORITE ROSE



PHOTO: NINETY + CELLARS

I went on [90+ Cellars'](#) first annual sunset rosé cruise around the Chicago River and Lake Michigan a few weeks ago and it opened my eyes to a whole new world of wine. After sipping on their 2014 vintage of Lot 33 Rosé from Languedoc, France for a solid 3 hours (but who's counting?), it definitely deserves a place in your summer wine rotation. With sweet aromas of strawberries and notes of white pepper, herbs and cotton candy, the rosé is best served with finger foods like [Pears with Brie and Prosciutto](#) or these [Prosciutto, Melon and Mozzarella Skewers](#). The [Lot 33 Rosé](#) (SRP \$11.99) is also best paired with a pink dress, carefree attitude and a fun party.

FAVORITE PARTY FAVOR



PHOTO: CELEBRATE MAGAZINE

I'm not the best DIY-er, but there is one thing I do well and that is party favors. Next time I want to leave dinner party guests with a party gift, I'm taking the road paved by Celebrate Magazine with [Citrus-Herb Salt party favors](#). Simply combine sea salt, citrus zest and some dried herbs in a decorative jar and tie with a ribbon. It's the perfect complement to any meal and a perfect token to ensure that your friends or family to remember a special event.



FAVORITE ICE CREAM CAKE



PHOTO: MARTHA STEWART

On Wednesdays at my office, we treat ourselves to “#CakeDay” wherein someone different brings a cake to work each week to share with the rest of the office. While there are only seven people in our office, #CakeDay has been a smashing success for the past few weeks. In thinking about what kind of cake I’ll contribute when it’s my turn, I came across a [tiramisu ice cream cake](#) from Martha Stewart Living that looks well worth all 90 billion calories. Tiramisu is easily one of my favorite desserts when it’s made well and I have no doubt that Martha would ever lead us wrong.



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FAVORITE PARTY CRUSH



PHOTO: JERRY RABINOWITZ

The truth is, I'm really obsessed with the now-defunct T.V. show *Revenge*, set in the Hamptons. I rewatch episodes regularly as background noise and if I could buy every piece of clothing that every woman on the show has ever worn and throw every party ever thrown on the show, I would do both of those things. Because I can't do that, I have *Hamptons Entertaining: Creating Occasions to Remember* (Stewart, Tabori & Chang, \$45), a new book by philanthropist and author Annie Falk, which provides readers with a seat at some of the most glamorous dinner parties on Long Island's East End. I feel confident that anyone could rival Victoria Grayson's parties with some of the tips from Annie Falk.

